



FOGSI SOUTH ZONAL CONFERENCE WITH *Yuva* 2025



The Sterling Resorts

OOTY

TAMIL NADU

Theme:
**Controversies, Consensus
and Current Concepts**

Organised by

**COIMBATORE OBSTETRICS AND
GYNAECOLOGY SOCIETY**

secretariat@fogsisouthzonal2025.com

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Welcome Message



Dear Friends,

Welcome to FOGSI South Zonal Conference with YUVA 2025!

YUVA FOGSI Conferences were begun in 2001 to encourage the participation of Young Obstetricians and Gynaecologists in academics and research and give them a platform to share their knowledge. YUVA FOGSI Conferences are held in all the 4 zones of India every year.

Covai Obstetrics and Gynaecology Society (COGS), having been bestowed with the privilege of conducting the South Zonal Conference with YUVA warmly welcomes you to the Queen of Hill Stations – OOTY from 20th – 22nd June 2025.

New Innovations and Controversies are the norm in any field. The New Concepts are subjected to analyses and accepted on the basis of evidence as Guidelines and Concepts. Accordingly, the Theme of our Conference is “Controversies, Consensus and Current Concepts” with the aim of “Setting Standards High”.

We are looking forward to bringing together Stellar thinkers with rich experience in our field and the ever Enthusiastic, young, budding Obstetricians and Gynaecologists to shower us with knowledge and render a reverberating experience.

The venue of the conference Ooty is a resort town in the Western Ghats. It was founded by the British as a summer resort in 1799. There are many places which reminds us about the colonial past even today– The Nilgiris Mountain Railway, The Stone House, St. Stephen Church of the 18th Century and the sprawling Botanical Gardens which provide a pleasing visual treat.

Ooty is well-connected by Road, Rail and Air via the Coimbatore International Airport.

COGS is eagerly awaiting your arrival for this Prestigious conference at a Picturesque Venue “The Sterling Resorts”.

We will strive to meet the expectations of the Delegates and Faculty by not only orchestrating an Academic Extravaganza but by also providing a memorable Family Retreat.

It's a pleasure to extend a warm welcome to all the Faculties and Delegates.



Dr Chandrakala Maran
President COGS
Organizing Chairperson



Dr Saradha Jaganathan
Organising Secretary



Dr Aarthi Paari
Organising Secretary

FOGSI Office Bearers



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Tandulwadkar**
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Organising Committee



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 President COGS
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 Organizing
 Co-Chairperson



Dr Banumathy
 Organizing
 Co-Chairperson



Dr T V Chitra
 Organizing
 Co-Chairperson



Dr R Manonmani
 Organizing
 Co-Chairperson



Dr Seetha Panicker
 Organising
 Scientific Chair



Dr Saradha Jaganathan
 Organizing Secretary



Dr Aarathy Paari
 Organizing Secretary



Dr Sudha Sundaram
 Joint Organizing
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Dr Silambuchelvi
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Dr K Murugalakshmi
 Treasurer



Dr Ramya
 Treasurer

COGS Advisors



Dr Mirudhubashini



Dr Vani Mohan



Dr Suma Natarajan



Dr Kannagi

Sub – Committees

Scientific Committee

Dr Seetha Panicker

Scientific Chair

Dr Asha rao
Dr Banumathy
Dr C V Kannagi
Dr Suma Natarajan
Dr T V Chithra
Dr Amudha Giridhar

Infertility Basic Workshop

Dr B Kalpana

Chairperson, Infertility Committee – FOGSI

Dr Asha Rao
Dr Silambuchelvi
Dr Aarthy Paari
Dr Rajini
Dr Jayasree Natarajan

Critical Care Workshop

Dr T V Chitra
Dr M N Sivakumar
Dr Chandrakala Maran
Dr Manonmani R
Dr Ramya

Clinical Research Workshop

Dr Surekha Tayade

Chairperson, Clinical Research Committee – FOGSI

Dr Seetha Panicker
Dr Latha Maheswari
Dr Chandrakala
Magudapathi
Dr Sangeetha
Dr Vithyalakshmi
Dr Aarathy Sumaldha

Antenatal Surveillance Workshop

Dr Banumathy
Dr Murugalakshmi

Dr Sudha Sundaram

Dr Manikandan

Dr Saira

Endoscopic Workshop

Dr Sejal Naik

Chairperson, Endoscopy – FOGSI

Dr Suma Natarajan
Dr Damodar Rao
Dr Amudha Giridar
Dr Geetha Veeramuthu
Dr Anitha Natesan

Preventive Oncology Workshop

Dr Sarita Shyam Sunder

Chairperson, Oncology Committee – FOGSI

Dr Latha Balasubramanian
Dr Saradha Jaganathan
Dr Anbukkani
Dr Priya Paari

Paper & Posters Committee

Dr Baburani
Dr Murugalakshmi
Dr Aruna Menon
Dr Geetha R
Dr Latha Velayutham
Dr Lalitha
Dr Prema

MANYATHA Workshop

Dr R Geetha
Dr Meena Priyadarshini
Dr Gowri Lakshmi
Dr Deepika Rajam
Dr Kanimozhi

Quiz Committee

Dr T V Chithra
Dr Seetha Panicker
Dr Poornima
Dr Saraswathy Shakti

Reception & Registration Committee

Dr Saraswathi Shakthi
Dr Gayathri
Dr Anandhi

Memento Committee

Dr Sudha Sundaram
Dr Aarathy Paari

Trade Committee

Dr Chandrakala Maran
Dr Veena Shankari
Dr Rajini

Food Committee

Dr Saraswathi S
Dr Remadevi
Dr Thiruveni
Dr Sridevi

Inaugural Committee

Dr Aarthy
Dr Aarthy Sumaldha

Cultural Committee

Dr Vaijyanthi
Dr Saira
Dr Vithyalakshmi

Public Forum Committee

Dr Sasithra
Dr Nalli Chandra
Dr Meenakshi Priya
Dr Vaishnavi

Travel & Accommodation Committee

COGS Core Team
Ms Srinidhi

Souvenir Committee

Dr Saraswathi Shakti /
COGS Core Team
Dr Radhika
Dr Sasithra
Dr Nalli Chandra
Dr Meenakshipriya

CONFERENCE HIGHLIGHTS

Seven Pre-conference Workshops	Debates & Dialogues
Presidential Oration	ICOG session
Vice Presidential Oration	TNFOG session
Panel Discussions	Scientific Exhibition
Keynotes	Culturals
Roleplays	Eminent International and National faculty

CONFERENCE WORKSHOPS

Critical care in Obstetrics	Antenatal Surveillance
Clinical Research	Infertility
Preventive Oncology	Endoscopy
Manyata	

CALL FOR ABSTRACTS

Submission opens	20 th February 2025
Last Date for Submission	30 th April 2025
Submit your Abstract on below topics	
Labour	Reproductive Endocrinology
High Risk Obstetrics	Gynaec Oncology
Miscellaneous	

REGISTRATION FEE

Category	Early Bird Till 15 th March 2025			Regular Till 30 th April 2025			Late Till 15 th June 2025			Spot Till 18 th - 20 th July 2025		
	Amount	GST@18%	Total	Amount	GST@18%	Total	Amount	GST@18%	Total	Amount	GST@18%	Total
Delegate <40 years	₹10500	₹1890	₹12390	₹11500	₹2070	₹13570	₹12500	₹2250	₹14750	₹13000	₹2340	₹15340
Delegate >40 years	₹11500	₹2070	₹13570	₹12500	₹2250	₹14750	₹13500	₹2430	₹15930	₹14000	₹2520	₹16520
PG Student	₹7000	₹1260	₹8260	₹8000	₹1440	₹9440	₹9000	₹1620	₹10620	₹9500	₹1710	₹11210
Acc. Delegate	₹6000	₹1080	₹7080	₹6500	₹1170	₹7670	₹7000	₹1260	₹8260	₹7500	₹1350	₹8850
Banquet	₹1500	₹270	₹1770	₹2000	₹360	₹2360	₹2000	₹360	₹2360	₹2500	₹450	₹2950

Note: Above registration fee includes 2 Pre-Conference workshop

RESIDENTIAL PACKAGE

Category	Early Bird Till 15 th March 2025		Regular Till 30 th April 2025		Late Till 15 th June 2025		Spot Till 18 th - 20 th July 2025	
	< 40 Years	> 40 Years	< 40 Years	> 40 Years	< 40 Years	> 40 Years	< 40 Years	> 40 Years
	2 Nights (Single Occupancy)	₹40120	₹41300	₹41890	₹43070	₹43070	₹44250	₹44250
2 Nights (Twin Sharing)	₹33040	₹34220	₹34810	₹35990	₹35990	₹37170	₹37170	₹38350
2 Nights (Triple Sharing)	₹29500	₹30680	₹31270	₹32450	₹32450	₹33630	₹33630	₹34810
3 Nights (Single Occupancy)	₹53100	₹54280	₹54870	₹56050	₹56050	₹57230	₹57230	₹58410
3 Nights (Twin Sharing)	₹42480	₹43660	₹44250	₹45430	₹45430	₹46610	₹46610	₹47790
3 Nights (Triple Sharing)	₹37170	₹38350	₹38940	₹40120	₹40120	₹41300	₹41300	₹42480

*Above rates are including GST 18%

*Above rates are per person

Residential Package Includes

- ❖ Registration to the conference & 2 workshops
- ❖ Accommodation in the Venue
- ❖ Breakfast, Lunch, Dinner & Snacks (Twice) during the stay (2 or 3 Days)
- ❖ Entry to Banquet Night
- ❖ Entry to Trade Area
- ❖ Conference Kit

Residential Package does not include

- ❖ Travel Tickets
- ❖ Airport Transfers
- ❖ Transportation
- ❖ City Tour

Conference Venue

Sterling Resorts, Ooty

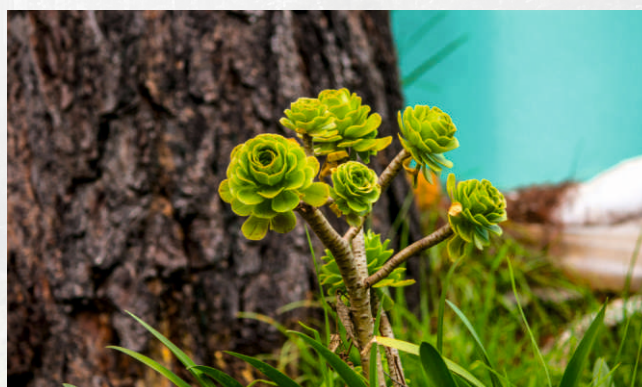


Host City

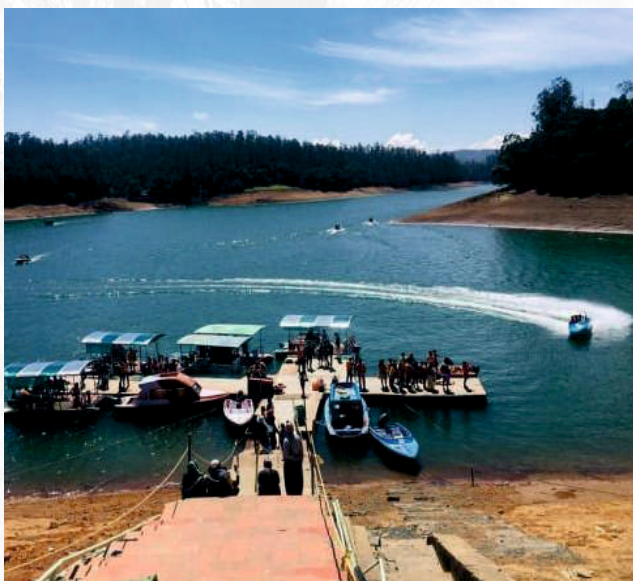
Ooty: The Queen of Hill Stations



Ooty, officially known as Udhagamandalam, is a picturesque hill station located in the Nilgiris Hills of Tamil Nadu, India. Known for its pleasant climate, lush green landscapes, and colonial charm, Ooty is one of the most popular tourist destinations in South India.



Places to Visit in Ooty

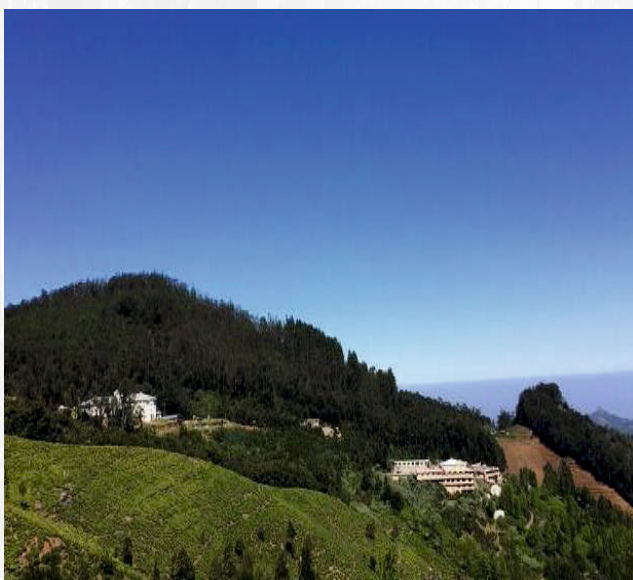


Pykara

The Pykara is a river 19 kilometres (12 mi) from Ooty in the Indian State of Tamil Nadu with a village by the same name nearby. The Pykara River is considered very sacred by the Todas. It rises at Mukurthi peak, flows northwards, and then turns to the west after reaching the edge of the plateau. The river flows through Mukurthi, Pykara and Glenmorgan dams, and forms part of an important hydro – electric power project.

Avalanche Lake

The lake derived the name avalanche because of a huge landslide (avalanche) that occurred in the region in the early 1800s. Avalanche Lake is an important tourism destination in the Nilgiris district. The lake is surrounded by a rolling landscape with blooming flowers like magnolias, orchids and rhododendrons.



Doddabetta Peak

Doddabetta is the highest mountain in the Nilgiri Mountains at 2,637 metres. There is a reserved forest area around the peak. It is 9 km from Ooty, on the Ooty-Kotagiri Road in the Nilgiris District of Tamil Nadu, India. It is a popular tourist attraction with road access to the summit

Places to Visit in Ooty

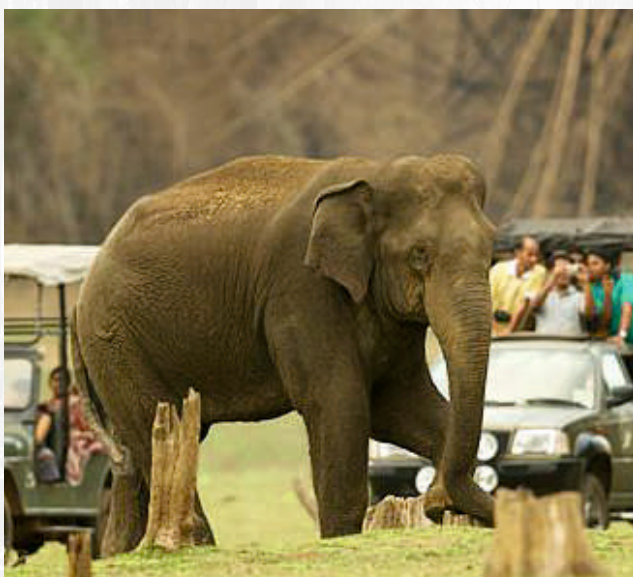


Government Rose Garden

The Government Rose Garden (formerly known as the Jayalalithaa Rose Garden, Centenary Rose Park and Nootrandu Roja Poonga) is situated on the slopes of the Elk Hill in Vijayanagaram of Ooty town. The flowers are arranged in five curving terraces covering four hectares. The garden is maintained by the Tamil Nadu Horticulture Department.

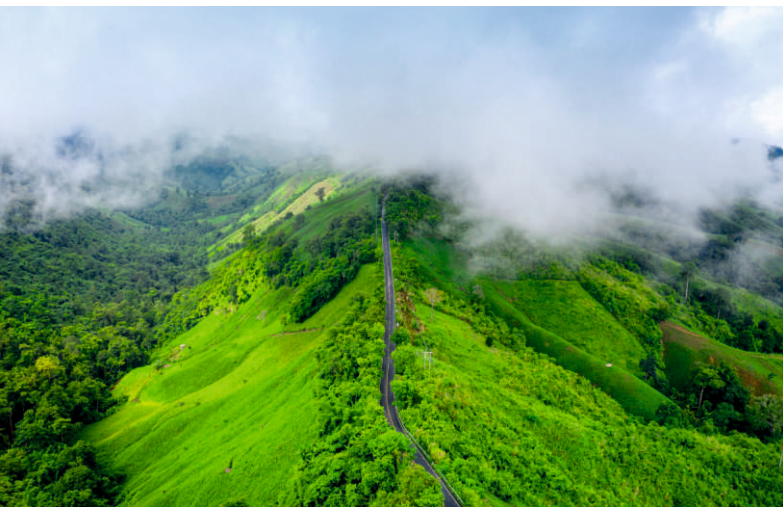
Ooty Lake

Ooty lake is an artificial lake near Ooty in the Nilgiris District of Tamil Nadu, India. It covers an area of 26 hectares (64 acres). The boathouse on the lake is a major tourist attraction. Ooty Lake is an artificial lake constructed by John Sullivan in 1824. The lake is surrounded by groves of Eucalyptus trees with a railway line running along one shore.



Mudumalai National Park

Mudumalai National Park is a national park in the Nilgiri Mountains in Tamil Nadu in southern India. It covers 321 km² (124 sq mi) at an elevation range of 850–1,250 m (2,790–4,100 ft) in the Nilgiri District and shares boundaries with the states of Karnataka and Kerala.



Congress Secretariat

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